

Bulletproof People - Purpose Course Outline



FOCUS: The ability to think, see and communicate clearly during times of change and or challenge.

LENGTH: 3 options

- 1 hr Awareness session
- 4 hr Workshop
- Customised program

GROUP SIZE: 10-20 (Larger groups may require extra facilitators).

METHOD:



Personal reflection



Pairs collaboration



Group think & action

AWARENESS

1. Why passion alone isn't enough to fuel your purpose.
2. Right bus, right seat ensures the right direction.
3. Getting the personal and professional priorities right.

IDENTIFY

1. Defining 'Who I am' and 'What I do'.
2. Aligning organisational values with my personal values.
3. Top 5 Purpose tips.

FUTURE

1. Maintaining purpose post deadline or project completion.
2. Establishing and maintaining a joint purpose with your team.
3. The grass isn't always greener on the other side.
4. Why mismanaged change and stress can sabotage my purpose.

TRANSFORM

1. What's my current purpose score? What's my goal purpose score? How will I close the gap between the two?
2. Gathering collective experience group activity. What is working & what isn't working?
3. Building a set of convictions around purpose in both our personal & professional lives.